



# Malta Karate Federation

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## PROGRAMME – MAESTRO TORRE 22<sup>nd</sup> January– 24<sup>th</sup> January 2010 All sessions to be held at Pembroke Primary School

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<b>Friday 22<sup>nd</sup> January 2010:</b>	<b>19.00 – 21.00</b>	MKF Black Belts
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<b>Saturday 23<sup>rd</sup> January 2010:</b>	<b>09.00 – 10.30</b> (including National Team)	All Children up to and including 12 yrs
	<b>10.30 – 12.30</b>	13 and above ALL BELTS
	<b>15.00 – 16.30</b>	Black & Brown Belts 13 years and over
	<b>16.30 – 18.00</b>	KATA National Pool
	<b>20.00 – 24.00</b>	Dinner – Willi & Joe.
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<b>Sunday 24<sup>th</sup> January 2010:</b>	<b>09.00 – 10.30</b> (including National Team)	All Children up to and including 12 yrs
	<b>10.30 – 12.30</b>	13 and above ALL BELTS
	<b>15.00 – 17.00</b>	KATA National Pool
	<b>19.00</b>	Departure to Malta International Airport (KA). Departure 21.00.