

Press Release Press Release Press Release

Malta Karate Federation

Invites Italian & Japanese instructors to Conduct a National Karate Training Seminar



The Malta Karate Federation MKF invited Maestro Santo Torre (8th Dan Black Belt) & Maestro Yumi Hasegawa (7th Dan Black Belt) to conduct a Karate TRAINING SEMINAR for all its members.

Maestro Torre is the National Kata Coach for the Italian Karate Federation, whilst Maestro Hasegawa (a former world champion herself) forms part of the Japanese Karate Federation National Team Coaches. 120 of the federation's members participated in this Training Seminar, which was held at the Pembroke Primary school between the 22nd and 24th January 2010. In addition to these, 4 athletes from the Japanese Junior Karate Team actively participated in the seminar as well as an Italian national team athlete, Alessandra Cremona who is a World Karate Federation Champion (Gold Medallist).

The material covered in the seminar included the main aspects of Karate namely Kumite (sparring/fighting) and Kihon/Kata (basics/forms). The feedback received was extremely positive and preparations are underway to hold a follow up seminar later on this year.

The MKF, which is the only Karate Federation in Malta directly affiliated to the World Karate Federation, has 7 clubs spread all over the island, namely Birkirkara, Fgura, Naxxar, Mgarr, Mtarfa, Paola and Pembroke. It is also affiliated to The Malta Olympic Committee and the Malta Sports Council. Anyone interested in training Karate can obtain further information from the MKF either by phoning on 7942 4396, sending an email to info@maltakarate.com, or else by sending written correspondence to "The General Secretary", Malta Karate Federation, 550, Fra Guzeppa Street, Pembroke STJ 14. Further details are also available on the Federation's website www.maltakarate.com

Il-Federazzjoni Maltija tal-Karate kellha zewg mistednin specjali - lil Maestro Santo Torre (8th Dan Black Belt) u lil Maestro Yumi Hasegawa (7th Dan Black Belt) - biex flimkien jaghtu tahrig tal-Karate ghal membri kollha tal-federazzjoni.

Maestro Torre huwa l-kowc nazzjonali tal-Kata tat-tim Taljan fi hdan il-Federazzjoni tal-Karate Taljana, filwaqt li Maestro Hasegawa (li hi innifisha kienet Champion tad-dinja tal-Karate) hija parti integrali fil-kowcing fi hdan il-federazzjoni Gappuniza tal-Karate. Dan is-seminar kien mizmum fl-iskola primarja ta' Pembroke bejn it-22 u l-24 ta Jannar 2010 u ghalih attendew 120 membru tal-federazzjoni. Ma dawn il-120 membru kien hemm ukoll 4 atleti mit-tim Gappuniz tal-"Juniors" tal-Karate, kif ukoll Alessandra Cremona li hija Champion tad-dinja fi hdan il-World Karate Federation.

Il-materjal tekniku li gie mgħoddi f'dan is-seminar kien jinkludi l-aspetti principali tal-karate li huma Kumite (glied) u Kihon/Kata (*basics/forms*). Dan is-seminar kien milqugh tajjeb hafna mil-membri tal-federazzjoni li attendew, tant li preparazzjonijiet għal-seminar simili, aktar tard din is-sena, diga bdew biex jitkompla ix-xogħol tajjeb li nbeda.

Il-MKF, li hija l-unika Federazzjoni f'Malta rikonoxxutha mill-World Karate Federation, u għandha 7 klubs mxeordin ma' Malta. Dawn il-klubs jinsabu Birkirkara, Fgura, Naxxar, Mgarr, Mtarfa, Paola u Pembroke. L-MKF hija wkoll affiljatha mal-Kumitat Olimpiku Malti, u l-Kunsill Malti Ta L-Isport. Kull min jixtieq li jibda jipprattika il-Karate jista' jagħmel dan billi jcampel lill-MKF fuq 7942 4396, jew jibghat e-mail lil info@maltakarate.com jew anke jikteb f'dan l-indirizz għal aktar informazzjoni: "Is-Segretarju Generali", Malta Karate Federation, 550, Fra Guzeppa Street, Pembroke STJ 14, jew izur is-sit elettroniku tal-Federazzjoni www.maltakarate.com

